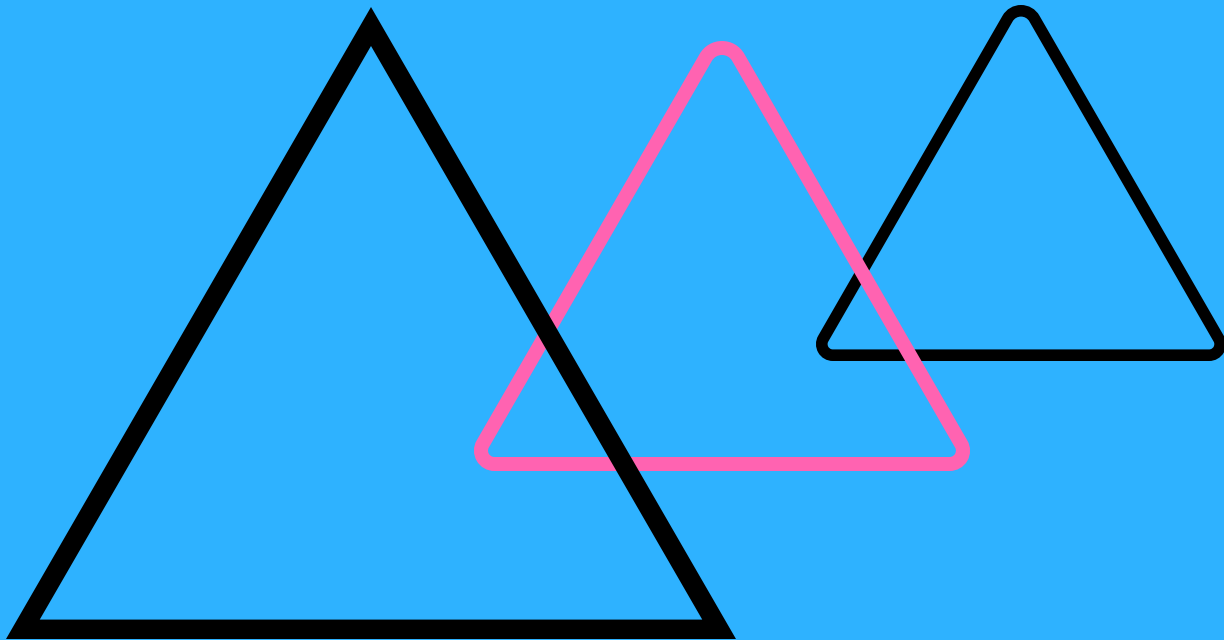


# DANCING MINDFULNESS

**An expressive arts approach to the practice of mindful  
meditation**



**South Florida Wellness  
Network  
2901 W Cypress Creek Rd  
Suite 103  
Fort Lauderdale, FL  
January 12, 2018  
6-8 pm**



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